

**Welshpool Sharks Swimming Club
Gala Entry Form**

Meet: Wrexham Spring Meet (Level 2 meet) @ Wrexham Waterworld 2019

Date of Meet: Sat 4 & Sun 5 May 2019

Swimmers Name:

Date of Birth:

WASA / ASA Number:

Please Tick your Age Group Below (Age on second day of swim applies) (Minimum age is 9years)														
Boys	9yrs		10yrs		11yrs		12yrs		13yrs		14yrs		15yrs & Over	
Girls	9yrs		10yrs		11yrs		12yrs		13yrs		14yrs		15yrs & Over	

SATURDAY AM			Tick	Time
Warm-up / Start to be confirmed				
1	Boys	100 Free		
2	Girls	400 IM		
3	Boys 9yrs	100 IM		
4	Girls	200 Fly		
5	Boys	50 Back		
6	Girls	200 Breast		
SATURDAY PM				
7	Boys	800 Free		
8	Girls	1500 Free		
9	Boys	100 Fly		
10	Girls	50 Free		
11	Boys	100 Breast		
12	Girls	200 Back		
13	Boys	50m Breast		
SATURDAY PM				
14	Boys	400 Free		
15	Girls	200 IM		
16	Boys	100 Back		
17	Girls	200 Free		
18	Boys	50 Fly		

SUNDAY AM			Tick	Time
Warm-up / Start to be confirmed				
1	Girls	100 Free		
2	Boys	400 IM		
3	Girls 9yrs	100 IM		
4	Boys	200 Fly		
5	Girls	50 Back		
6	Boys	200 Breast		
SUNDAY PM				
7	Girls	800 Free		
8	Boys	1500 Free		
9	Girls	100 Fly		
10	Boys	50 Fly		
11	Girls	100 Breast		
12	Boys	200 Back		
13	Girls	50 Breast		
SUNDAY EVENING				
14	Girls	400 Free		
15	Boys	200 IM		
16	Girls	100 Back		
17	Boys	200 Free		
18	Girls	50 Fly		

Awards: All events 'Heat Declared Winners'.
Medals for top six swimmers in each age group.
Plus top boy and top girl

Entry Pricing: £5 per event

BACS reference		Amount	£	Parent Signature	
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Payment by BACS transfer please

DEADLINE FOR ENTRIES: Completed form to be emailed to leannelea@aol.com by **Thursday 21st March 2019 (8pm)**

Qualifying Times

Swimmers who have achieved the qualification times as outlined below are automatically eligible to compete in the relevant event, subject to the following conditions:

- The number of competitors for the event does not exceed the maximum number of heats allocated to that event.
 - Acceptance does not extend the duration of the session beyond the session time limit imposed by the Swim Wales Meet Licence.
- Swimmers who have achieved the consideration times as outlined below may be accepted subject to the conditions as listed above.



WREXHAM SWIMMING CLUB



WREXHAM SWIMMING CLUB



Event	QTs & CTs	GIRLS						
		9	10	11	12	13	14	15 & Over
50m Free	QT	00:48.5	00:45.5	00:42.5	00:39.9	00:37.7	00:36.2	00:35.2
	CT	00:53.3	00:50.0	00:46.8	00:43.9	00:41.5	00:39.8	00:38.7
100m Free	QT	01:49.1	01:40.1	01:31.8	01:25.7	01:21.1	01:17.8	01:15.9
	CT	02:00.0	01:50.1	01:41.0	01:34.3	01:29.2	01:25.6	01:23.5
200m Free	QT	03:52.8	03:34.0	03:18.2	03:04.7	02:54.3	02:47.6	02:43.2
	CT	04:16.1	03:55.4	03:38.0	03:23.2	03:11.7	03:04.4	02:59.5
400m Free	QT	08:25.6	07:33.2	06:52.9	06:25.1	06:04.3	05:50.4	05:40.9
	CT	09:16.2	08:18.5	07:34.2	07:03.6	06:40.7	06:25.4	06:15.0
800m Free (12 & over)	QT				13:16.2	12:27.9	11:58.7	11:42.1
	CT				14:35.8	13:42.7	13:10.6	12:52.3
1500m Free (12 & over)	QT				25:36.3	24:03.0	23:21.4	22:40.3
	CT				28:09.9	26:27.3	25:41.5	24:56.3
50m Breast	QT	01:03.4	00:58.8	00:54.3	00:50.6	00:47.6	00:45.4	00:44.2
	CT	01:09.7	01:04.7	00:59.7	00:55.7	00:52.4	00:49.9	00:48.6
100m Breast	QT	02:20.3	02:08.0	01:56.4	01:48.5	01:41.6	01:36.7	01:34.5
	CT	02:34.3	02:20.8	02:08.0	01:59.4	01:51.8	01:46.4	01:43.9
200m Breast	QT	04:54.9	04:32.7	04:09.8	03:52.9	03:38.2	03:28.8	03:23.7
	CT	05:24.4	05:00.0	04:34.8	04:16.2	04:00.0	03:49.7	03:44.1
50m Fly	QT	00:54.3	00:49.9	00:46.5	00:43.5	00:41.0	00:39.3	00:38.1
	CT	00:59.7	00:54.9	00:51.2	00:47.8	00:45.1	00:43.2	00:41.9
100m Fly	QT	02:08.8	01:52.6	01:42.1	01:34.6	01:29.3	01:25.2	01:23.3
	CT	02:21.7	02:03.9	01:52.3	01:44.1	01:38.2	01:33.7	01:31.6
200m Fly	QT	04:41.5	04:09.3	03:45.0	03:27.8	03:15.1	03:06.4	03:01.0
	CT	05:09.6	04:34.2	04:07.5	03:48.6	03:34.6	03:25.0	03:19.1
50m Back	QT	00:55.5	00:51.7	00:48.1	00:45.1	00:42.6	00:40.8	00:39.0
	CT	01:01.0	00:56.9	00:52.9	00:49.6	00:46.9	00:44.9	00:42.9
100m Back	QT	02:02.9	01:52.2	01:42.5	01:35.2	01:29.7	01:26.1	01:23.6
	CT	02:15.2	02:03.4	01:52.8	01:44.7	01:38.7	01:34.7	01:32.0
200m Back	QT	04:16.6	03:58.3	03:37.2	03:23.0	03:12.2	03:04.5	02:58.9
	CT	04:42.3	04:22.1	03:58.9	03:43.3	03:31.4	03:23.0	03:16.8
200m IM	QT	04:23.5	04:03.1	03:43.7	03:28.3	03:17.1	03:08.9	03:04.0
	CT	04:49.8	04:27.4	04:06.1	03:49.1	03:36.8	03:27.8	03:22.4
400m IM	QT	09:18.4	08:38.7	07:50.7	07:18.2	06:52.9	06:36.5	06:26.1
	CT	10:14.2	09:30.6	08:37.8	08:02.0	07:34.2	07:16.2	07:04.7
100m IM (9 - years)	QT	02:03.7						
	CT	02:16.1						

Event	QTs & CTs	Boys						
		9	10	11	12	13	14	15 & Over
50m Free	QT	00:48.5	00:45.3	00:42.3	00:39.7	00:37.0	00:34.4	00:32.4
	CT	00:53.3	00:49.8	00:46.5	00:43.7	00:40.7	00:37.8	00:35.6
100m Free	QT	01:49.0	01:39.3	01:31.9	01:25.7	01:19.6	01:14.1	01:10.1
	CT	01:59.9	01:49.2	01:41.1	01:34.3	01:27.6	01:21.5	01:17.1
200m Free	QT	03:54.0	03:35.4	03:19.9	03:06.9	02:53.9	02:41.6	02:33.0
	CT	04:17.4	03:56.9	03:39.9	03:25.6	03:11.3	02:57.8	02:48.3
400m Free	QT	08:27.1	07:34.5	06:59.2	06:33.0	06:06.9	05:42.1	05:23.6
	CT	09:17.8	08:20.0	07:41.1	07:12.3	06:43.6	06:16.3	05:56.0
800m Free (12 & over)	QT				13:45.5	12:47.4	11:56.6	11:18.0
	CT				15:08.0	14:04.1	13:08.3	12:25.8
1500m Free (12 & over)	QT				25:57.2	24:13.0	22:37.3	21:26.8
	CT				28:32.9	26:38.3	24:53.0	23:35.5
50m Breast	QT	01:03.1	00:58.8	00:54.5	00:50.8	00:46.8	00:43.5	00:40.9
	CT	01:09.4	01:04.7	01:00.0	00:55.9	00:51.5	00:47.8	00:45.0
100m Breast	QT	02:21.3	02:08.5	01:57.5	01:49.4	01:40.7	01:33.5	01:28.0
	CT	02:35.4	02:21.4	02:09.2	02:00.3	01:50.8	01:42.9	01:36.8
200m Breast	QT	04:56.1	04:35.4	04:13.1	03:56.4	03:38.3	03:22.2	03:10.7
	CT	05:25.7	05:02.9	04:38.4	04:20.0	04:00.1	03:42.4	03:29.8
50m Fly	QT	00:54.4	00:50.3	00:46.5	00:43.8	00:40.6	00:37.6	00:35.2
	CT	00:59.8	00:55.3	00:51.2	00:48.2	00:44.7	00:41.4	00:38.7
100m Fly	QT	02:08.9	01:53.4	01:42.7	01:35.5	01:28.3	01:21.7	01:16.7
	CT	02:21.8	02:04.7	01:53.0	01:45.1	01:37.1	01:29.9	01:24.4
200m Fly	QT	04:42.6	04:09.1	03:45.8	03:30.8	03:15.1	03:01.0	02:48.8
	CT	05:10.9	04:34.0	04:08.4	03:51.9	03:34.6	03:19.1	03:05.7
50m Back	QT	00:55.8	00:51.8	00:48.2	00:45.4	00:41.9	00:39.2	00:36.7
	CT	01:01.4	00:57.0	00:53.0	00:49.9	00:46.1	00:43.1	00:40.4
100m Back	QT	02:02.2	01:52.5	01:42.8	01:36.2	01:28.9	01:22.4	01:17.6
	CT	02:14.4	02:03.7	01:53.1	01:45.8	01:37.8	01:30.6	01:25.4
200m Back	QT	04:17.5	03:58.1	03:40.4	03:26.4	03:11.4	02:57.5	02:47.5
	CT	04:43.3	04:21.9	04:02.4	03:47.0	03:30.5	03:15.3	03:04.2
200m IM	QT	04:24.0	04:04.7	03:45.8	03:31.4	03:16.8	03:02.0	02:51.9
	CT	04:50.4	04:29.2	04:08.4	03:52.5	03:36.5	03:20.2	03:09.1
400m IM	QT	09:29.9	08:44.8	07:58.6	07:27.2	06:56.4	06:25.7	06:03.7
	CT	10:26.9	09:37.3	08:46.5	08:11.9	07:38.0	07:04.3	06:40.1
100m IM (9 - years)	QT	02:03.1						
	CT	02:15.4						